



JEAN CROSSING



Soaking Mama

CITRUS BATH SALT

INGREDIENTS

2 cups	Epsom salt
1/4 cup	Himalayan sea salt
1/4 cup	Baking soda
1/4 cup	Dried naartjie / orange peel
1/4 cup	Dried rosemary
1/3 cup	Dried thyme
15 drops	Lemon essential oil

METHOD

1. Mix the ingredients together
2. Store in an airtight container.
3. Print or write a heartfelt note.

Be ready to wow mom!

Note: If you are unable to find dried citrus peel, dry thinly sliced naartjie / oranges in a 100'C oven for 3 hours.